## HAND2HAND

## providing food to prevent weekend hunger for kids

All items are specific in weight & size to keep the packed bag weight easy for the child to take home.

Baggies (quart or gallon size) Muffins (Hostess)

Cereal (small individual boxes)

Nature Valley Granola Bars

Cans of vegetables (8.25 or 14-15 oz)

Nutri-Grain Fruit Bars

Chicken (5 oz cans)

Oatmeal (individual servings)

Cracker Packets (cheese/crackers, PB/crackers) Pancake Mix (6.75 oz packets)

Fruit Cups or Mandarin Orange Cups Popcorn (microwave packets)

GoGo Applesauce (shelf stable) Ramen Noodles (pouches or cups)

GoGo Yogurts (shelf stable) Soup (Campbell's Chunky Beef with vegetables 18.8 oz) Soup (microwavable

Goldfish or Teddy Grahams (individual wrapped) chicken noodle or others)

Knorr rice sides Syrup (individual packets 1.5 oz)

Meat sticks (Slim Jims)

Trail Mix (individual packets)

Milk (shelf-stable like Horizons White Milk) Mini Store Gift Cards (Meijer, Target, Aldi and Costco)

