

HAND2HAND

providing food to prevent weekend hunger for kids

All items are specific in weight & size to keep the packed bag weight easy for the child to take home.

Baggies (quart or gallon size)	Nutri-Grain Fruit Bars
Cereal (small individual boxes)	Oatmeal (individual servings)
Cans of vegetables (8.25 or 14-15 oz)	Pancake Mix (6.75 oz packets)
Chicken (5 oz cans)	Peanut Butter (individual Jiff to go)
Cracker Packets (cheese/crackers, PB/crackers)	Popcorn (microwave packets)
Fruit Cups or Mandarin Orange Cups	Ramen Noodles (pouches or cups)
GoGo Applesauce (shelf stable)	Ravioli, Beef-a-Roni, Spaghetti O's (small cans) Ritz Crackers (fresh stacks) *
GoGo Yogurts (shelf stable)	Soup (Campbell's Chunky Beef with vegetables 18.8 oz) Soup (microwavable
Goldfish or Teddy Grahams (individual wrapped)	chicken noodle or others)
Knorr rice sides	Syrup (individual packets 1.5 oz)
Macaroni and Cheese boxes	Trail Mix (individual packets)
Mashed Potatoes (instant 4 oz pouch)	Store Gift Cards (Meijer, Target, Aldi and Costco)
Meat sticks (Slim Jims)	
Milk (shelf-stable like Horizons White Milk) Mini	
Muffins (Hostess)	
Nature Valley Granola Bars	

Please return items to the Knapp St Campus 3869 Knapp St NE