## HAND2HAND

## providing food to prevent weekend hunger for kids

All items are specific in weight & size to keep the packed bag weight easy for the child to take home.

Baggies (quart or gallon size) Macaroni and Cheese (full size)

Cereal (small individual boxes)

Mashed Potatoes (instant 4 oz pouch)

Cans of vegetables (8.25oz) Meat sticks

Canned chicken Milk (shelf-stable like Horizons White Milk)

Chips (individual size) Mini Muffins (individual packets)

Cookies (individual packets)

Oatmeal (individual servings)

Cracker Packets (cheese/crackers, PB/crackers) Pudding cups

Fruit Cups or Mandarin Orange Cups Pancake Mix (6.75 oz packets)

Fruit snacks Peanut Butter (individual Jiff to go)

GoGo Applesauce (shelf stable) Popcorn (microwave packets)

GoGo Yogurts (shelf stable) Ramen Noodles (pouches or cups)

Goldfish or Teddy Grahams (individual wrapped) Ravioli, Beef-a-Roni, Spaghetti O's (small cans)

Granola Bars Soup (Campbell's Chunky soup)

Jello cups Syrup (individual packets 1.5 oz)

Juice boxes Trail Mix (individual packets)

Knorr rice sides Store Gift Cards (Meijer, Target, Aldi)

