

HAND2HAND

providing food to prevent weekend hunger for kids

All items are specific in weight & size to keep the packed bag weight easy for the child to take home.

Baggies (quart or gallon size)

Cereal (small individual boxes)

Cans of vegetables (8.25 or 14-15 oz)

Chicken (5 oz cans)

Cracker Packets (cheese/crackers, PB/crackers)

Fruit Cups or Mandarin Orange Cups

GoGo Applesauce (shelf stable)

GoGo Yogurts (shelf stable)

Goldfish or Teddy Grahams (individual wrapped)

Knorr rice sides

Macaroni and Cheese (cups)

Mashed Potatoes (instant 4 oz pouch)

Meat sticks (Slim Jims)

Milk (shelf-stable like Horizons White Milk) Mini

Muffins (Hostess)

Nature Valley Granola Bars

Nutri-Grain Fruit Bars

Oatmeal (individual servings)

Pancake Mix (6.75 oz packets)

Peanut Butter (individual Jiff to go)

Popcorn (microwave packets)

Ramen Noodles (pouches or cups)

Ravioli, Beef-a-Roni, Spaghetti O's (small cans) Ritz Crackers (fresh stacks) *

Soup (Campbell's Chunky Beef with vegetables 18.8 oz) Soup (microwavable chicken noodle or others)

Syrup (individual packets 1.5 oz)

Trail Mix (individual packets)

Store Gift Cards (Meijer, Target, Aldi and Costco)