

Sermon for March 8/9, 2025  
"From Invisible to Invaluable" Pastor Brad Holmes



# SMALL GROUPS

Share Life | Pursue God | Invest In Others

## THREE THINGS TO KNOW

**DON'T MISS THIS.** Join us at the Cascade Campus on Friday, March 21, at 7 p.m. for **MARRIAGE DATE NIGHT!** This fun evening is designed for married couples to connect, laugh and be encouraged in their relationship. Enjoy a night out with engaging conversation and practical insights. Whether you have been married for a few weeks or a few decades, this night is for you! Learn more and register [HERE](#).

**GROUP VALUES.** This month, our focus is on the **SPIRITUAL PRACTICES**. These include prayer, Bible study, solitude, community, fasting, celebration and sabbath. Last week, we asked you to consider choosing one practice to focus on as a group. Take some time to check in with each other about the practice you picked. How did it go? What worked well? What adjustments do you need to make to create time for this practice?

**GROW AS A LEADER.** Spring is on the horizon, which means our **SPRING HUDDLE** is fast approaching! *Huddles* are an intentional time set aside for small group leaders to grow together. We talk about tools and provide space to learn how to use them. This month, we'll highlight two topics: spiritual practices and prayer. Join us for an intentional dive into what the practices are and how we can implement one of them, prayer, into our groups. Whether you are leading a couple's, men's or women's group, check in with your staff contact to make sure you have your Huddle on your calendar!

## SERMON DISCUSSION GUIDE

Welcome to this week's message, "From Invisible to Invaluable." This week, Pastor Brad Holmes takes us on a journey through John's Gospel to explore one of Jesus's healings that takes place at a pool.

### ICEBREAKER

Think of a time when you felt overlooked or invisible. What was that experience like?

### THIS WEEK'S TEXT

Have someone read [John 5:1-15](#) aloud.

What details in the passage stand out to you about the setting and the man's situation?

How does Jesus interact with the man lying on the ground?

Why was it important for Jesus to seek out the man in the temple afterward?

### THIS WEEK'S SERMON

Pastor Brad walked us through Jesus's healing at the pool and Jesus showing that he is God. As a group, recall some of the sermon's big ideas and main points.

Pastor Brad highlighted many areas where people often feel invisible. How does our culture make people feel invisible or unseen?

In [John 5:6](#), Jesus sees the man lying on the ground and asks, “Do you want to get well?” What might prevent someone from truly wanting to heal?

The greatest healing Jesus offers is healing from sin. Why do we sometimes become comfortable in sin, even when we know something needs to change?

Reflect on a time when you felt God saw you during a difficult season. How did that awareness affect your faith?

In what areas of your life do you need to hear Jesus saying, “Get up” and go live your new life? What would be a good first step this week to get up and live the life Jesus has for you?

How can we, as a group, support each other when we feel invisible or struggle with long-term challenges?

#### **WRAP UP**

The story of the man at the pool highlights two important truths about Jesus’s love for us. He loves us so much that he *accepts* us as we are, but he also loves us too much to *keep* us where we are. How does awareness of Jesus’s love for us and his desire to not leave us in sin change the way you view yourself and your sin?