

# HAND2HAND

providing food to prevent weekend hunger for kids

All items are specific in weight & size to keep the packed bag weight easy for the child to take home.

Baggies (quart or gallon size)

Cereal (small individual boxes)

Cans of vegetables (8.25 or 14-15 oz)

Chicken (5 oz cans)

Cracker Packets (cheese/crackers, PB/crackers)

Fruit Cups or Mandarin Orange Cups

GoGo Applesauce (shelf stable)

GoGo Yogurts (shelf stable)

Goldfish or Teddy Grahams (individual wrapped)

Knorr rice sides

Macaroni and Cheese (cups)

Mashed Potatoes (instant 4 oz pouch)

Meat sticks (Slim Jims)

Milk (shelf-stable like Horizons White Milk) Mini

Muffins (Hostess)

Nature Valley Granola Bars

Nutri-Grain Fruit Bars

Oatmeal (individual servings)

Pancake Mix (6.75 oz packets)

Peanut Butter (individual Jiff to go)

Popcorn (microwave packets)

Ramen Noodles (pouches or cups)

Ravioli, Beef-a-Roni, Spaghetti O's (small cans)

Ritz Crackers (fresh stacks) \*

Soup (Campbell's Chunky Beef with vegetables 18.8

oz) Soup (microwavable chicken noodle or others)

Spaghetti (8-12 oz box)

Spaghetti Sauce (15 oz no glass jars)

Syrup (individual packets 1.5 oz)

Trail Mix (individual packets)

Store Gift Cards (Meijer, Target, Aldi and Costco)

**Please drop off at any campus at the Hand2Hand box.**