HAND2HAND

providing food to prevent weekend hunger for kids

All items are specific in weight & size to keep the packed bag weight easy for the child to take home.

Baggies (quarter or gallon size) Nutri-Grain Fruit Ba

Cereal (small individual boxes) Oatmeal (individual servings)

Cans of vegetables (8.25 or 14-15 oz)

Pancake Mix (6.75 oz packets)

Chicken (5 oz cans)

Peanut Butter (individual Jiff to go)

Cracker Packets (cheese/crackers, PB/crackers) Popcorn (microwave packets)

Fruit Cups or Mandarin Orange Cups Ramen Noodles (pouches or cups)

GoGo Applesauce (shelf stable)

Ravioli, Beef-a-Roni, Spaghetti O's (small cans)

GoGo Yogurts (shelf stable) Ritz Crackers (fresh stacks) *

Goldfish or Teddy Grahams (individual wrapped)

Soup (Campbell's Chunky Beef with vegetables 18.8

Knorr rice sides oz) Soup (microwavable chicken noodle or others)

Macaroni and Cheese (cups) Spaghetti (8-12 oz box)

Mashed Potatoes (instant 4 oz pouch) Spaghetti Sauce (15 oz no glass jars)

Meat sticks (Slim Jims) Syrup (individual packets 1.5 oz)

Milk (shelf-stable like Horizons White Milk) Mini

Trail Mix (individual packets) Store Gift Cards (Meijer,

Muffins (Hostess)

Target, Aldi and Costco)

Nature Valley Granola Bars