hand2hand

Providing food to prevent weekend hunger for kids

Bella Vista Campus Weekend Food Bag Shopping List

Note: All items are specific in weight and size so a packed bag stays light enough for a child to carry home. Please match sizes below when purchasing or donating.

BREAKFAST

- ☐ Cereal (small individual boxes)
- ☐ Fruit bars
- ☐ Mini-Muffins (individual packs)
- ☐ Oatmeal (individual packets)

MEALS & ENTRÉES

- ☐ Chicken (5 oz cans or packets)
- ☐ Hearty Soups
- ☐ Macaroni and Cheese cups
- ☐ Ravioli, Beef-a-Roni, or Spaghetti O's (small cans)

FRUITS & SIDES

- ☐ 100% Fruit Cups, Applesauce Cups, or GoGo Squeeze
- ☐ Cans of Vegetables (8.25 oz)
- ☐ Mashed Potatoes (instant, 4 oz pouch)

SNACKS

- ☐ Cracker Packets (cheese/crackers, PB/crackers)
- ☐ Fruit snacks
- ☐ Goldfish or Teddy Grahams (individually wrapped)
- ☐ Granola Bars
- ☐ Meat sticks
- ☐ Popcorn (microwave packets)
- ☐ Raisins (individual boxes)
- ☐ Trail Mix (individual packets)

DRINKS

- ☐ 100% Fruit juice (individual size)
- ☐ Milk (individual size shelf-stable)

PACKING SUPPLIES

- ☐ Baggies (quart or gallon size)

Please bring items to your campus and place on the tables in the atrium.